

Download Nutrition For Foodservice And Culinary Professionals 9th Edition

Nutrition for Foodservice and Culinary Professionals, 9th Edition - Kindle edition by Karen E. Drummond, Lisa M. Brefer. Download it once and read it on your Kindle device, PC, phones or tablets. Use features like bookmarks, note taking and highlighting while reading Nutrition for Foodservice and Culinary Professionals, 9th Edition. Nutrition for Foodservice and Culinary Professionals, 9th Edition By Karen E. Drummond and Lisa M. Brefer Ideal for “healthy cooking” courses in a culinary arts curriculum, Nutrition for Food Service and Culinary Professionals, 9th Edition offers up-to-date information on national nutrition guidelines and standards for food preparation and labeling. Nutrition for Foodservice and Culinary Professionals, 9th Edition is the definitive resource that helps readers use nutritional principles to evaluate and modify menus and recipes and to respond to customer’s critical questions and dietary needs. The Ninth Edition includes a discussion of the 2015 Dietary Guidelines for Americans and key updated content. Description. Nutrition 9th Edition is for nutrition (or “healthy cooking”) courses in a culinary arts curriculum and intends to be a practical, how-to program with up-to-date information on national nutrition guidelines and standards for food preparation and labeling.