

# Download Overloaded Circuits Why Smart People Underperform

Though ADT does not always reach such extreme proportions, it does wreak havoc among harried workers. Because no two brains are alike, some people deal with the condition better than others. Harness the Power of Focus! How to Focus and Be More Productive by Dr. Hallowell. Available at: Amazon, Barnes & Noble, Books-a-million, eBooks and Indiebound. This valuable book is for everyone wrestling to maintain focus at work! It is a business book, not a book on ADHD (although there is one chapter devoted to ADHD). Download FREE CrazyBusy Tips for iPhone. Updated for iOS 8 including new content from Dr. Hallowell and new focus-building games! Dr. Hallowell's CrazyBusy Tips guides users to highlight areas in their lives that feel out of balance, analyzes and then summarizes these responses into red, yellow, and green categories, depending on the return on time invested and worth-it scores. Reprint: R0501D. Most designated CEO successors are talented, hardworking, and smart enough to go all the way—yet fail to land the top job. What they don't realize is, the qualities that ...