

# Download The History Of Depression The Mind Body Connection Antidepressants

Figure 1: Areas of the brain affected by depression. Amygdala: The amygdala is part of the limbic system, a group of structures deep in the brain that's associated with emotions such as anger, pleasure, sorrow, fear, and sexual arousal. The amygdala is activated when a person recalls emotionally charged memories, such as a frightening situation. Read the latest research findings and in-depth information on clinical depression and stress in adults, teens, and children. Expand your understanding of the symptoms and available treatment for ...The Immune System and Depression. Psychiatry has known about the role of the immune system in certain presentations of depression for the better part of the last century, and more recently, pioneering thinkers like Maes, Raison, and Miller have written about the role of altered immune set points and inflammation in models of depression. Our immune systems are largely housed in the gut and the ...Depression is a mental illness that affects around one in 10 people. Learn more about depression symptoms, causes and treatments, and living with the condition.