

Download Thought In Action Expertise And The Conscious Mind

"Barbara Gail Montero's *Thought in Action: Expertise and the Conscious Mind* is a substantial contribution to our philosophical understanding of expertise, skill, and indeed the relationship between mind and body generally. Her views on expertise may well represent the next stage in the evolution of this concept. *Thought in Action: Expertise and the Conscious Mind* [Barbara Gail Montero] on Amazon.com. *FREE* shipping on qualifying offers. How does thinking affect doing? There is a widely held view--both in academia and in the popular press--that thinking about what you are doing *Thought in Action: Expertise and the Conscious Mind* Published: September 08, 2016 Barbara Gail Montero, *Thought in Action: Expertise and the Conscious Mind* , Oxford University Press, 2016, 288pp., \$65.00 (hbk), ISBN 9780199596775. Beyond this, the work explores various real-life examples of optimal performance—culled from sports, the performing arts, chess, nursing, medicine, the military, and elsewhere—and draws from psychology, neuroscience, and literature to create a picture of expertise according to which expert action generally is and ought to be thoughtful, effortful, and reflective.